

You're receiving this email because of your relationship with Dr. Garcia General & Cosmetic Dentistry. Please [confirm](#) your continued interest in receiving email from us.

You may [unsubscribe](#) if you no longer wish to receive our emails.



Dr. Garcia General & Cosmetic Dentistry July Newsletter

Issue: #3


JULY/2008

In This Issue
Contact Us
Healthy mouth = Healthy body

Dear Valued Client,

Welcome back to our monthly E-Newsletter!

We appreciate your referrals to our office; your trust in us is our greatest compliment! If you know someone who needs a kind and caring dentist, plus a convenient office location, please let them know by forwarding this email to them:

Dr. Garcia General & Cosmetic Dentistry

36 S. Charles St.
 Suite 2202
 Baltimore, MD 21201

410.837.0304

[Visit our website!](#)

[Map it!](#)

Thank you, and enjoy the summer!

Sincerely,

The Staff of Dr. Garcia General & Cosmetic Dentistry

Our Mission

To be truly modern, today's dentistry should meet all of its patients' expectations. It should offer the most personalized care possible, in an attractive and comfortable environment. It should be dedicated to its patient's dental health, offering all the latest dental techniques and procedures. It should use advanced technology to create a beautiful mouth and a perfect smile for each patient, all while reducing any possibility of pain. It should accomplish all of this with friendliness, thoughtfulness and professionalism. At our practice, we strive to achieve the ideal in modern dentistry.

Our goal is to create a dental practice that is ideal for our patients, where each staff member is a highly-trained dental professional. A practice so agreeable that you feel cared for before you even sit in the chair overlooking downtown Baltimore. We are a practice that makes it possible for your dental dreams to come true, sculpting a smile that is second to none.

Join Our List!

[Join Our Mailing List!](#)

YOUR MOUTH AFFECTS YOUR OVERALL HEALTH

Invite a Friend!

 Forward to a Friend

In the past, oral health has been associated only with the mouth. New research has found that the advanced stage of gum disease, periodontitis, is linked with health problems such as bacterial endocarditis.

Bacterial endocarditis is a common risk associated with periodontal disease. Bacterial endocarditis is an infection in the lining of the heart or heart valves, which could damage or destroy these valves.

According to the American Heart Association, bacterial endocarditis happens when bacteria in the bloodstream, called bacteremia, lodge on heart tissue that has been damaged or on abnormal heart valves.

About Gum Disease

There are two major stages of gum disease: [Gingivitis](#) and [Periodontitis](#). Gingivitis is the early stage of gum disease and can be treated and reversed if diagnosed early. Periodontitis is the serious and advanced stage of gum disease, which includes bone loss and is irreversible. Poor oral hygiene is the most common cause of periodontitis.

Common symptoms of gum disease are:

- Frequent bad breath
- Red and swollen gums that bleed easily
- Gums separating from the teeth
- Loose teeth
- Change in your bite
- Change in the way partials or dentures fit

While gum disease is a serious problem, it can be easily prevented. Brushing twice a day, flossing daily, and regular check ups with Regan or Judy are the best ways to prevent gum disease, thus protecting your overall health.

Sources:

The Academy of General Dentistry; The American Heart Association. 05 August 2007.

Our Staff

Dr. Nicholas Garcia

Dr. Grace Yao

[Carrie](#), Office Manager

[Jill](#), Front Desk Manager

[Amy](#), Scheduling Coordinator

Terri & Ki, Dental Assistants

Regan & Judith, Hygienists

Save \$50!



First 50 people to call will save \$50 off of our in-office ZOOM! Whitening! *

Don't put it off any longer! Get that bright white smile just in time for the beach!

Call our office today** to schedule your free consultation: 410.837.0304.

*** Patient must be seen by Dentist for a free consultation prior to scheduling Zoom! Procedure.**

**** Offer Expires August 1, 2008**

[Forward email](#)

 **SafeUnsubscribe®**

This email was sent to ataylor@angelataylor.com by carrie@drgraciadds.com.
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Dr. Garcia General & Cosmetic Dentistry | 36 South Charles Street | Suite 2202 | Baltimore | MD | 21201